HIGH SCHOOL FALL RETREAT

OCTOBER 12-14, 2018

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Trip Details

FRIDAY DEPARTURE:

- Check-in on Friday, October 12th is from 5:15-6:30PM.
- We depart from Shandon at 6:30PM!
- Your student should have **2 waivers**: Shandon Waiver and either Paintball or Ropes Course– all are included in this packet
- Please bring your payment if you haven't turned it in already. The late bird cost after September 30 is $130 unless otherwise arranged. FIRST TIME guest cost after September 30 is $65 and checks should be made to Shandon Baptist Church.

SUNDAY ARRIVAL:

We will be arriving back to Shandon on Sunday morning at 9:00AM for only one hour of Sunday School. There will be no 10:30AM Sunday School hour this week for High School.

CABINS + OTHER DETAILS:

- Students are separated in their cabins based on gender and grade. Visitors will be placed with the person who invited them (even if in a different grade; genders will be separated).
- If your student needs to be picked up early or dropped off late, please let Frank (frank@shandon.org) or Erica (edamato@shandon.org) know as soon as possible.

PACKING LIST

Bring:

- Bible and a Pen
- Recreation/Outdoor Clothes
- Closed Toed Shoes– Required for Paintball & Ropes Course
- One-Piece Swimsuit and Towel
- Bath Towel
- Sleeping Bag or Bed Linens and Pillow
- Toiletries
- Medication with Name & Instructions in a Bag
- Water Bottle
- Costume for Saturday Night Party (instructions on next page)
- Canteen Money if Desired
- Jacket
- One Bag of Candy to Share at the Party

PUT YOUR NAME ON YOUR BELONGINGS

Don't Bring:

- Inappropriate clothes, swimsuits, or costumes
- Drugs, tobacco, alcohol, fireworks, weapons, or anything that would damage the reputation & representation of Christ, you, your family, or Shandon
- Video games, DVD players/movies, laptops
- Cell phones are allowed, but reception and internet are very spotty

SATURDAY COSTUME PARTY

Each grade has a holiday they will dress up for on Saturday night. We encourage students to get creative with their costumes so we've put some ideas to help get you started. Here is the breakdown of the groups:

9th Grade

Valentines Day
Costume Ideas: Red/white/pink, hearts, cupid, candy, etc.

10th Grade:

St. Patty's Day
Costume Ideas: Leprechauns, green/gold, rainbows, etc.

11th Grade:

Christmas
Costume Ideas: Santa, reindeer, elves, Christmas tree, Christmas presents, Red/Green, etc.

12th Grade:

4th of July
Costume Ideas: Red/White/Blue, stars and stripes, American flag, fireworks (do not bring *actual* fireworks!), founding fathers, Uncle Sam, etc.

Fall Retreat Schedule

Friday, October 12

5:45pm	**Check-in begins**
6:30pm	**Depart for Camp Longridge**
7:30pm	Arrive & unpack
7:50pm	Leader Orientation
8:15pm	Worship service
10:00pm	Small Groups
10:45 pm	Bonfire
11:30pm	Lights out!

Saturday, October 13

7:45am	Wake up!
8:30am	Breakfast
9:15am	Quiet Time
9:30am	Open Verse Time
10:00am	Worship service
11:15am	Orientation for Paintball (waiver required)
12:00pm	Lunch
1:00-6:00pm	Free Time
	1:30-5:30pm Lake & canteen are open during this time
	1:30 –3:00pm Group A Ropes/Paintball
	3:00-4:30pm Group B Ropes/Paintball
	4:30-6:00pm Group C Ropes/Paintball
6:00pm	Dinner
6:45pm	Open Verse Time
7:00pm	Worship service
8:00pm	Small groups
8:45pm	Everyone gets ready for the party
9:15pm	Party starts
11:30pm	Lights out!

Sunday, October 14

7:30am	Wake up/clean up/pack, put luggage by buses
8:15am	Leave Longridge
9:00am	Breakfast at Shandon
9:30am	Youth service in The Vista

Fall Retreat Meal Information

SATURDAY MEALS

Breakfast	Lunch	Dinner
Meal: Eggs, Grits, Bacon, Biscuits, Cereal, Bananas, Grapes Drinks: Milk, Orange & Apple Juice, Water	Meal: BBQ Sandwich, Mac n Cheese, Pickles, Variety of sauces, Salad Bar. Drinks: Tea, Lemonade, Water Dessert: Dirt Pudding	Meal: Chicken Tenders, Mashed Potatoes, Green Beans, Dinner Roll, Salad Bar Drinks: Tea, Lemonade, Water Dessert: Chocolate Pie

803 Student Ministries

Shandon Baptist Student Waiver

You may combine multiple students from the same family, just designate each student's DOB and allergies

Student Name(s): _____

Parent Name(s): _____

Date of Birth: _____/_____/_____

Street Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Mom Cell: _____ Dad Cell :_____

Email Address: _____

Insurance Company: _____

Insurance Policy/Group Number: _____

Does your child have any allergies/food allergies or physical limitations we should be aware of? Please list here:

_____

Do you give consent for your child to ride to a Shandon activity in an **adult volunteer's** car? Yes No

Do you give consent for your child to ride to a Shandon activity in another student's car? Yes No

(In the event of this situation, student drivers are approved by Shandon Staff)

I, we, hereby appoint the appropriate representative of Shandon Baptist Church, who, during my/our absence shall be authorized to consent for all medical and/or surgical treatment and/or special procedures which maybe required during our absence without limiting in any manner, the foregoing appointment and authorization. The undersigned agree to pay all costs associated with such medical care and related transportation for the child and we do hereby release, absolve, indemnify, and hold harmless Shandon Baptist Church, the organizer, sponsors, and supervisors from any and all loss and injury incurred therein.

☐ **I, we give consent for my child to participate in all youth activities with Shandon on or off campus.**

☐ I, we give consent for my child to participate in only the following activities:

_____

Parent Signature: _____

Camp Longridge
Camp and Retreat Center

Challenge Ropes Course & Climbing Wall Release Form

Assumption of Risks and Release Form: Camp Longridge Inc. requires all participants (or participant's parent or guardian if under 18) to sign this Agreement to Participate, Assumption of Risk, and Release Form in order to be eligible to participate in the Program. The undersigned acknowledges an understanding of the following:

1. The Challenge Course includes a variety of activities including warm-ups, games, group initiatives, challenge course elements, and other activities.

2. The level of participation in the Challenge Course Program is voluntary. No participant is required to do anything that he or she does not want to do.

3. Safety is the top priority of Longridge. The staff facilitating the ropes challenge course has been properly trained for the safe use of all equipment.

4. No individual will be allowed to participate in the ropes challenge course activities if this form is not signed. However, even if it is signed, participation is strictly voluntary.

5. Participation is limited to students ages 10 and up.

****Please note that Camp Longridge Inc. cannot make a medical determination regarding a person's physical fitness to participate in challenge course activities. Only the participant and the participant's parents/guardian, or participant's physician can do that.*

I understand that the Camp Longridge Challenge Course program may be physically and emotionally demanding. I recognize and accept the risks involved in Camp Longridge Inc. program. In consideration of the above, I have and do hereby assume all of the risks of participation in the Challenge Course and will hold Camp Longridge Inc., its employees, agents, trustees, officers, and affiliates harmless from any and all liability, which may arise from or in connection with my/my child's participation in Camp Longridge Challenge Course.

Participation in Camp Longridge's Challenge Course is entirely voluntary. Written on the back of this form is any physical, mental, or psychological issue the participate may be experiencing and which could have an impact on his/her well being during the Challenge Course activities. I give permission to the adult sponsors for my child's group (if under 18) to discuss in confidence with the Challenge Course Facilitator these issues and to provide information which might have a bearing on his/her suitability with regard to the activities. I understand that this information is confidential and will only be discussed in private if completely necessary.

_____
Name of Participant (Please Print)

_____
Signature of Participant (or Parent/Guardian if under 18) Date

_____
Participant Date of Birth

Camp Longridge
Camp and Retreat Center

Paintball Release Form

Note: This form must be signed before the participant is allowed to take part in any paintball event. This is a release of Liability. Please read before signing.

IN CONSIDERATION of being permitted to participate in any way in the sport and activities of paintball on the premises of Camp Longridge Inc., I acknowledge, appreciate and agree that:

1. The risk of injury from the activity and weaponry involved in paintball is significant, including the potential for permanent disability and death, and while particular protective equipment and personal discipline will minimize this risk, the risk of serious injury does exist.

2. I knowingly and freely assume all such risks, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE of those persons released from liability above, and assume full responsibility for my participation, and:

3. I understand that the activities of paintball are physically and mentally intense. I understand the rules of play and will comply with all rules and regulations. If I observe any unusual or unnecessary hazard during my participation, I will bring such to the attention of the nearest official or employee as soon as practical and:

4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS FROM LIABILITY, Camp Longridge Inc. (the owner and lessor of premises used to conduct the paintball activities) their officers, officials, agents and/or employees, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.

5. I understand and agree that this Release of Liability Agreement covers each and every paintball activity and event in which I participate hereafter.

6. I understand that failure to follow the rules set forth by Camp Longridge Inc. could result in expulsion from the facility, without a refund. Camp Longridge Inc. reserves the right to amend the rules at any time.

_____
Name of Participant (Please Print)

_____
Signature of Participant (or Parent/Guardian if under 18) Date

_____
Participant Date of Birth